

# External/Internal STUDY GUIDE

PURPOSE for Diagram 130-A:

*To show that happiness and fulfillment  
cannot be attained through external things.*

EXT/INT

- ? 1. Have you tried to find happiness in any of these areas? Describe.  
\_\_\_\_\_  
\_\_\_\_\_
- ? 2. Which of these areas would you consider to be a negative in your life?  
\_\_\_\_\_  
\_\_\_\_\_
- ? 3. Have you pursued fulfillment through turning the negatives into positives?  
How? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- ? 4. Which ones are you currently pursuing to change into a positive?  
\_\_\_\_\_  
\_\_\_\_\_
- 📖 5. Study Ecclesiastes 2:1-11. Notice how many times the pronouns “I”, “my”, or “myself” are used.
- ? 6. Did the positives in Solomon’s life bring contentment? Yes No
- 📖 7. Study Luke 12:15. Where does Jesus say life is not found?  
\_\_\_\_\_
- ? 8. Do you see how you have been deceived into believing that life is found in any of these areas? \_\_\_\_\_

*... everything is  
futility . . . . Eccl. 2:17*

*External fulfillment is a lie!*

# External/Internal STUDY GUIDE

**PURPOSE** for Diagram **130-A1**:

*To reveal the futility of a Christian trying to find fulfillment  
and meaning in DOING good things.*

EXT/INT

? 1. Which of these activities are you doing now? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

? 2. Why? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

? 3. Have you been deceived into thinking that God wants you to do things? \_\_\_\_\_

? 4. Do you believe doing good things will gain God's favor? \_\_\_\_\_  
\_\_\_\_\_

*... our righteousnesses  
are as filthy rags.* Isa. 64:6  
(KJV)

 5. Study Luke 10:38-42.

? 6. Do you see that Martha's focus was activity FOR Christ while Mary's focus WAS Christ and knowing Him? \_\_\_\_\_  
\_\_\_\_\_

? 7. Can Christian service become an idol? \_\_\_\_\_  
\_\_\_\_\_

? 8. Is it possible that your Christian service for God is an attempt to find fulfillment in external activities? \_\_\_\_\_  
\_\_\_\_\_

*I wasn't created to be a human doing.*

# External/Internal STUDY GUIDE

**PURPOSE** for Diagram **130-B**:

*To illustrate how believers act like nonbelievers and turn to worldly ways of coping, rather than turning to God.*

EXT/INT

- ? 1. Look at this diagram and note which actions apply to you.

\_\_\_\_\_  
\_\_\_\_\_

- ? 2. Why isn't God considered first? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

*... come to Me, that  
you may have life. John 5:40*

-  3. Study Jeremiah 2:13. What are the two sins you see? \_\_\_\_\_

\_\_\_\_\_

- ? 4. What pots or cisterns are you going to for life? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

- ? 5. Are they really satisfying? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

- ? 6. What are some of the consequences you are suffering because of your worldly choices? \_\_\_\_\_

\_\_\_\_\_

*Nothing but God will work.*

# External/Internal STUDY GUIDE

PURPOSE for Diagram 130-C:

*To illustrate that a Christian's fulfillment is based internally on being one with Christ.*

EXT/INT



1. Study Matthew 6:33.



2. Why has the direction of the arrows changed? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



3. What is your main focus—God's kingdom or external fulfillment?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*... Christ in whom are hidden all treasures ...*  
Col. 2:2-3



4. Study Colossians 3:1-4.  
Where is your life? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



5. Are you allowing Christ to rule your life? How is it demonstrated?  
\_\_\_\_\_  
\_\_\_\_\_



6. Are you allowing Christ to meet your needs or are you looking to externals to meet your needs? \_\_\_\_\_  
\_\_\_\_\_



7. Will you admit to God your focus has been in the wrong direction?  
Will you invite Him to sit on the throne of your life and rule it now?

*Jesus is Life!*