

# The **PSYCHOLOGICAL** **AREA of LIFE**

## **Introduction to the 7 Areas of Life**

- A. Scripture speaks to how we should live in all areas of life.
- B. We have identified seven general areas of life.
- C. These seven areas are listed in diagram 150-A of the [Victorious Christian Living Manual](#).
- D. The *7 Areas of Life* are:
  - 1. Spiritual-our relationship with God.
  - 2. Psychological-our relationship with mind, will and emotions.
  - 3. Physical-our relationship with our bodies.
  - 4. Financial-our relationship with money and work.
  - 5. Social-our relationship with other people.
  - 6. Marital-our relationship with our spouse.
  - 7. Parental-our relationship with our children.
- E. As part of our *7 Areas of Life* Training, we will look at the godly model for each one of these specific areas.

### **I. Definition**

- A. The psychological area of life deals with a person's soul: the mind, will, and emotions.
- B. When Christ rules over us, all three parts of the psychological area will be in order, functioning as God intended.

### **II. Importance**

- A. Most people are seeking life and peace in their soul-their mind, will and emotions. Instead of experiencing life, they experience death and loss. Scripture teaches that the mind is either set on the Spirit or on the flesh. Romans 8:6
- B. A mind set on the flesh is trying to gain life from self. Romans 1:25
- C. As we set our mind on the Spirit (Lord) He gives us peace. Isaiah 26:3

### **III. Godly Model**

- A. A disciple's thinking is transformed. Romans 12:2
  - 1. A disciple has right thinking about God.
    - a. A disciple thinks of Him as Lord. 1 Corinthians 8:6

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- b. A disciple thinks of Him as good. Matthew 19:17
- c. What is the result of wrong thinking about God? Romans 1:21, (see II. A)
2. A disciple has right thinking about self.
  - a. A disciple believes who God says he is. Romans 8:16
  - b. A disciple knows he can do nothing apart from Christ. John 15:5
  - c. What happens when a person is preoccupied with self? Galatians 6:3
3. A disciple has right thinking toward others.
  - a. A disciple thinks of others as more important than himself Philippians 2:3-4
  - b. A disciple does not seek the approval of others. John 12:43
  - c. What happens to a person who thinks he is more important than others?  
1 Corinthians 12:21

## B. A disciple's will is transformed.

1. A disciple submits his/her will to God.
  - a. A disciple chooses as Christ chose. John 6:38
  - b. A disciple acknowledges Jesus as Lord and allows Him to direct his choices.  
Acts 9:11, 17
  - c. What happens when a person says, "No, Lord!?" Luke 6:46
2. A disciple lays down his life for others.
  - a. A disciple is willing to be a servant. Mark 10:43-45
  - b. A disciple chooses to please others rather than himself Romans 15:1-3
  - c. What happens to a person who chooses not to care for others? 1 John 3:16-17
3. A disciple denies himself.
  - a. A disciple does not seek his/her own will. John 5:30
  - b. A disciple submits his desires to God and allows Him to decide. Luke 22:42
  - c. What happens when a person doesn't submit his will to Christ? Colossians 3:24-25

## C. A disciple's emotions are transformed.

Emotions follow thoughts. They are like a thermometer which tells what we are thinking, not like a thermostat which controls our thinking.

1. A disciple has right emotions toward God.
  - a. A disciple thinks of God as trustworthy and feels peaceful. Isaiah 26:3
  - b. A disciple doesn't feel guilty, fearful, or condemned before God because he knows God as his Father. Romans 8:15
  - c. What kind of feelings do wrong thoughts toward God produce? Matthew 6:31-32
2. A disciple has right emotions toward others.
  - a. A disciple feels compassion toward others when he knows about their needs.  
Colossians 3:12
  - b. A disciple doesn't feel jealous or selfish because he has God's wisdom. James 3:16-17

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- c. What if a person feels hatred toward another person? 1 John 4:20-21
- 3. A disciple has right emotions toward self
  - a. A disciple feels content and secure because he believes what God says about him.  
Psalm 65:4
  - b. A disciple doesn't feel worthless or depressed since he knows his value is from Christ.  
Matthew 10:29-31
  - c. What happens when a person allows his/her feelings to blot out God's truth?  
Genesis 4: 6-7

**GOD'S TRUTH MUST RULE THE PSYCHOLOGICAL AREA OF LIFE!**  
**2 Corinthians 10:5**